



# Kaleidoscope

July 2019  
Vol. XXX No.7

Moiliili Senior Center \* 2535 South King Street \* Honolulu, Hawaii 96826 \* PH: 955-1555

A Program for those 60 years old and above, living from Ward Avenue through to Hawaii Kai. This program is partially funded by State funds through the Elderly Affairs Division, Department of Community Services, City and County of Honolulu and the State of Hawaii Executive Office on Aging and administered by Moiliili Community Center. MCC - An Aloha United Way Agency

## SENIOR CENTER NEWS:

**PARKING ALERT!** All day care for the children during the summer at Moiliili Community Center will end on July 26. There will be limited parking. **ALSO, MCC's dirt lot paving is scheduled to start July 29. This will be a 3-month long project planned to end October 31. However, the dates are subject to change. During this time, the dirt lot and thrift store parking lot will not be available.** Please be dropped off, take the bus or carpool. **YOU** need to be aware of what is happening around you. **THINK OF YOUR SAFETY!!!** Don't be in a rush when being dropped off at the center. Have your driver pull up to the parking lot attendant and the tree, not in the middle of the driveway, in the tunnel or in front of the ramp. Watch for vehicles backing up - you are **NOT** stronger, faster or larger than a vehicle: don't try to walk around the back of the vehicle especially when it is backing up. **BE AWARE! BE PATIENT! BE SAFE!** Thank you.

The Servco Foundation has launched a 20-19 Community Grant program as part of their Centennial Service Campaign. They are asking for the public's help to nominate 19 nonprofits to receive \$20,000 each. We are asking participants if they could nominate Moiliili Community Center to receive this grant. The nominations require a 150-word narrative from the nominator explaining the reasons why the organization deserves a grant and how the nonprofit has impacted their life. Only one nomination will be accepted per person. Deadline to submit nominations is July 14. Electronic submission only. Please visit [servco.com/grant](http://servco.com/grant) for more information, the nomination form, and contact info.

in your attendance folders and in the senior office. Thank you for your cooperation.

**EXCURSION PEOPLE ...** help us, help you. When paying for excursions, please be sure that the staff marks you "PAID". Sometimes, staff are handling many different things at once, especially when we are short handed. Please do not feel offended if we ask you if you'd like to make a payment and you have already done so. If you are marked "PAID", then we would not need to ask about payments. Thank you for your assistance.

**Be Careful!!!!** Last year several participants fell and hurt themselves. Please be aware of yourself and know your limitations. For some people, it may mean moving from a cane to a walker, not spinning around in exercise class, wearing proper footwear, feeling steady/balanced before moving, or knowing when to rest. **PLEASE!!!** Be careful. We want you to keep coming to the center for as long as you are able.

**REMINDER:** Please check your name off in the attendance folder for each and any class you attend. We need to do reports every month and we ask that you be counted. This will help us reach our contract goals. Thank you for your cooperation.

The students of MSC's Painting and Drawing Class will exhibit their work on:  
July 2 through July 30

Hoomaluhia Gardens, Exhibition Room

If you missed the art show at MCC in May, this is your chance to see art works in mixed media from the members of the painting and drawing class. Enjoy the day in the gardens and stop by the exhibition room and be amazed at the range of skills and techniques.

**MAHALO! MAHALO! MAHALO! to performers**  
\*Heels N' Harmony & Na Kupuna O Moiliili members @ Maunalani Nursing & Rehab

Do you need a ride to your doctor's appointment? Carrying all those shopping bags home too difficult? We can help! MSC's Assisted Transportation service provides transportation for registered MCC/MSC members to and from their appointments with a MSC staff member as an escort.

Moiliili Senior Center  
**Anything & Everything Sale**  
Thursday, July 18  
9:00 a.m. - Noon MSC, room 209  
Collectibles, Better Than Average Rummage Sale  
Items, Craft Supplies, and more. All proceeds benefit  
the senior program.

**WAIVERS** - MCC/MSC has a new insurance company and **ALL** participants must fill them out. We ask that students and instructors turn the forms in as soon as possible. If you received a waiver form and turned it in to the MSC office, you do not need to fill another one out for another class. Forms are

Transportation services are available from 9:00 a.m. to 12:30 p.m., Monday - Wednesday. Appointments must be made at least 24 hours in advance. Schedule an appointment today!

We have a "SUPER SENIOR" section in our newsletter. If you know of a senior who you think is "SUPER", fill out our nomination form and with the consent of the senior, we will feature the person in "Kaleidoscope". Forms are available in class attendance folders and in the senior office.

All the 2<sup>nd</sup> floor air conditioners are operational! The temperature should be set at 73 degrees. To turn the units on and off, please use the on/off switch that the unit is plugged into. You do not need to manually turn on and off the unit itself. When using the air conditioners, the windows and doors need to be closed. Thank you for your cooperation.

**REMINDER:** If your class uses the air conditioner, please turn it off at the end of your class. Air conditioners should not be set lower than 73 degrees, anything lower uses more electricity and the Weinberg building is not connected to the main building's photovoltaic system. Thank you for your cooperation.

**Your Kokua**, please. Your help in maintaining the rooms, emptying waste baskets, turning off lights & fans, and reporting problem areas immediately will help in alleviating further problems. Also, your help in maintaining the restrooms is needed. Only wash your hands in the sink to avoid any clogging. Mahalo.

**PARKING ISSUES:** Drivers, when parking in lined stalls, please park within the stall. If you are over the line, you are taking up 2 stalls. If this happens, staff needs to check classrooms to see where you are and ask you to straighten your car. Also, please do not remove reserved parking space cones. These parking spaces are for volunteer instructors, speakers or special project volunteers. If you move these cones, your teacher/speaker may leave because there are no parking spaces available and then your class/seminar will be cancelled. As a reminder, if you have an afternoon class, please do not park in the covered parking lot if your class goes beyond 2:00 p.m. The Child Care program needs to block off half of the lot for the children before they arrive. We realize parking is tight at the center and we are trying to think of alternatives. If you have any suggestions, please let us know. Thank you for your cooperation.

**REMINDER!!!!** No one from MCC is allowed to park on the 2<sup>nd</sup> level, above Down to Earth. If MSC/MCC members park upstairs, their vehicles will be towed. There is a camera

installed to monitor vehicles. Thank you for your attention pertaining to this matter.

**EXCURSION SUGGESTIONS.** We need more interesting excursions that can accommodate a large number of people so we can hire a bus. If you have any ideas, please let the senior office staff know so we can try to schedule an excursion.

#### Lei 'Ilima Club Craft Workshops

July 9 - Quill a flower pot for the rose that you quilled at the June workshop. Bring quilling tool, Elmer's Glue, scissors, and quilled roses.

August 13 - hand stitch a tenugui bag. Bring a bon dance towel to sew your bag. Also bring needle, thread, and scissors.

September 17 - Paper Roll Pineapple. Make a pineapple with toilet paper roll and craft paper. Bring Elmer's Glue. Pineapples symbolize hospitality and good luck. These containers make good treat holders. "Be a Pineapple, stand tall, wear a crown & be sweet."

Scheduled workshops are in Room 202 from 9:30-11:30 a.m. Please sign up in the senior office if you would like to attend.

**MCC Restrooms :** For the safety of all, please do not prop the doors open. Each classroom has a set of keys for the women's and men's restroom. Please kokua and make sure that the keys are back in its place by the end of your class. Lost keys cost money to replace.

**HELP WANTED: MOILILI COMMUNITY CENTER IS LOOKING TO HIRE DRIVERS.** If you know someone who may be interested, please have them apply in the main office. We are currently looking for a van (No CDL) and a bus driver (CDL) for all programs.

Thank you all for your continued participation in our Senior Center Program. We continue to partner with the Moiliili Community Center, as we are one program under the Community Center. We are asking all senior center participants to become members of the Community Center. The annual membership fee is \$35.00 for 2019. Your participation as MCC members helps support our endeavors to continue to offer classes, activities and services. MCC member's benefits include: 25% off all purchases of \$10 or more at our "Hidden Treasures" Thrift Store; One Plus One Drive Inn will offer a 10% discount on a purchase of plate lunches; and Subway - Moiliili will offer a 10% discount on any sandwich/salad, excluding special offers. Other exclusions may apply to both places. Just show your current

MCC Membership Card to receive your savings. Offers are valid through the end of this year. Mahalo for your support of the Center.

We would like to thank everyone for their generous donations of goods to the Thrift Store and the Senior Center. Sometimes the main office is inundated with an abundance of goods and it becomes unsafe to walk through the office. For this reason, the main office accepts donations in bulk on Tuesdays and Fridays between 8:00 a.m. - 4:00 p.m. to reduce the congestion in the main office. Thank you for your cooperation.

---

**MOILIILI SENIOR CENTER WISH LIST:**

- 1) Portable CD/Cassette Player

---

**Moiliili Senior Center** is always in search of teachers or group leaders to expand our program. Do you have a special talent and are willing to teach for the satisfaction of sharing but without monetary compensation? Contact the Senior office, room 203, and “talk story” with staff.

---

**ATTENTION Seniors!** When paying by check for your Moiliili Community Center membership and including a donation to the senior program, please make a note on the membership/donation envelope that the donation is for the Moiliili Senior Center. If you are making a donation to the Community Center, then you do not need to make any notations. Reminder - **ALL** checks must be written to: **MOILIILI COMMUNITY CENTER**, not the senior center. Returned checks will be assessed a \$25.00 fee. Mahalo.

---

**Registration Card Update!! \$1.00** charge for every year you have not updated! Cards should be checked annually for current information, especially your emergency contacts, health status, etc. It takes just a few minutes.

---

**Fire & Lockdown Drills:** MCC will hold periodic fire and lockdown drills. Please listen to staff for instructions. Thank you.

---

**Senior Helpline** phone number 768-7700, for the island of Oahu: They can assist you in finding the resources or information you may need.

---

**DONATION POLICY:** Donations are welcomed to help balance our budget: \$2.00 suggested per activity, or \$20.00 per month. **REMEMBER, this is a suggested amount and is a donation, so if you are unable to, don't worry. Subsidy monies are available for those**

**interested in participating and find it difficult to pay; see Director.** All Senior Center participants are asked to pay the MCC membership fee of \$35.00 for 2019.

---

**Attention all class participants:** It is **YOUR** responsibility TO CHECK YOURSELF IN THE CLASS ATTENDANCE FOLDER AND CHECK FOR ANY FLIERS OR ANNOUNCEMENTS, which include last minute notices or other information. All participants **MUST** be registered with the senior office.

---

---

**MCC NEWS:**

---

**VOLUNTEERS WANTED:** Looking for “responsible”, regular volunteers for the Thrift Store, especially for Thursdays, Fridays or Saturdays. If interested, see Bonnie at the Thrift Store.

---

**THE MOILIILI BOOK REPRINTING PROJECT.** New pages added and other pages updated. Everything (almost everything) you ever wanted to know about Moiliili. \$35. Books are available for purchase in the main office or in the Thrift Store.

---

**VACATIONS HAWAII.** Help “Moiliili Community Center” earn travel credit by booking your travel with Vacations-Hawaii Custom Packages Department. When you're ready to travel, contact Vacations-Hawaii at 591-4700. When making a booking, refer to our Loyalty Rewards #2464 or say “Moiliili Community Center”.

---

Moiliili Community Center shirts are for sale in the main office for \$10. If you would like to purchase a shirt, please see the staff in the main office.

---

**EXCURSION REMINDER:** Excursion participants, please carpool or use the bus to allow parking for those who attend classes. **NO RESERVING SEATS**, except for your partner. Whenever you are going from one place to another, please return to your original seat. All participants must remain with the bus as the bus pick-up point will be determined by the driver. **DO NOT** ask to be dropped off somewhere else or along the way. If you plan to leave the group at some point, let your Escort know. Also, each participant must have an updated registration. If there are any special needs, please let the staff know about it before the excursion.

---

**A REMINDER:** Sign up for any of the special activities noted, such as seminars, workshops, excursions. Activities may be canceled due to lack of interest or at speaker's request, and only those on the list would be notified. Also, if







planetarium and multi-media facility. The audience will be able to actively participate in the program and sense a more realistic illusion of movement through space. After the show, we will take a short tour through the Children's Aerospace Exploration Lab. This lab contains a variety of hands-on activities and exhibits that promote student engagement in inquiry based learning of scientific concepts. Lunch on your own at Windward Mall.

Date: Thursday, July 25

Departure Time: 8:45 a.m. Return Time: 12:45 p.m.

Cost: \$14.00 (Admission-\$6.00 & Chartered Bus -\$8.00)

---

### EXCURSION: AUGUST MOON FESTIVAL

Join us as we take our annual trip to Wahiawa for the August Moon Festival at ORI Anuenue Hale Inc. (Formerly Helemano Plantation). Enjoy the morning playing BINGO, listening to health talks, and shopping at the Country Market. FREE Bentos will be provided. Deadline to sign up is noon on Wednesday, July 17. If you are interested, you may pre-order Helemano Plantation's popular pineapple pie for \$10.50; char siu for \$12 per pound; and Won ton Mein for \$3.50 each. All pre-orders are also due by noon on Wednesday, July 17.

Date: Thursday, August 15

Departure Time: 8:45 a.m. Return Time: 1:15 p.m.

Cost: \$8.50 (Chartered Bus)

---

### CLASS/ACTIVITY ANNOUNCEMENTS:

Sign up Senior Office, rm. 203

**SOROBAN.** Class resumes September 3.

**ZENIDAIKO.** No classes in July.

---

**SOLO UKULELE I & II;** Classes begins Friday, July 5. Classes are in a 20-week session, room 202. SUI - 11:00 - 12:00 p.m.; SUII (must complete SUI and instructor must approve advancement.) - 9:30-10:45 a.m. Inst: Allen Tanabe. Learn to read music and play the melody. Participant acceptance will close after the first 2 meetings. Must have own ukulele & dedication to practice. Cost: \$25 for text book & \$10 is due at the beginning of the course to cover the cost of music notes, music sheets and additional study materials. Other optional fees will be announced if the need arises. See information sheet for required materials. Minimum: 3 students per class

---

### LOST & FOUND:

\*Found - a beautiful shawl that was left at the Pagoda Ballroom when Rhythm & Life classes had their Christmas party in December.

\*Found - 2 Asian designed beaded bracelet found in room 305.

If any of the above mentioned items are yours, please claim them in the senior office, room 203.

---

**CARD GAMES.** Instructor Glen Yasuoka. Card Games class favorites - Kings Corner, Paiute, Black Jack, and even Hanafuda. With one of a kind card games by yours truly - Monday, 9:00 - 10:30 a.m., room 202.

---

**CLASS NAME CHANGE: DARTS-MODIFIED** has changed to **MODIFIED GAMES.** Instructor, Glen Yasuoka focuses on **HAND-EYE COORDINATION.** He has modified bowling, ping-pong and darts to keep our hand-eye coordination strong. Join Glen as he starts off his class with simple hand-eye coordination exercises and then play modified games to sharpen your skill. The coordination of hand and eye movements involves processing visual input-size, shape, direction, movement and energy needed for the hands to perform these tasks. Studies show that as we get older, the ability to perform these tasks, reaction time, dexterity (skills performing task, especially with the hands), and perceptual motor skills decline (The ability to interpret to become aware of something through the senses). Simply, your brain slows down. Fortunately, there are ways to prevent further decline. One of the ways is to come to the hand and eye coordination exercises and modified games class. Thursdays, 8:00 - 9:00 a.m., room 202. Glen Yasuoka has modified the game for seniors. Feel free to come and try it out.

---

### AEROBIC & TONING EXERCISE WITH MURIEL.

Tuesdays & Thursdays, 2:00 - 3:30 p.m., room 305. Currently, the class follows exercise CDs. BRING: water, mat & towel. Since this is an afternoon class, please do not park under the covered parking lot. The Child Care program uses that area for their program and if one car is parked there, they cannot use the area for the children. Instructor: Muriel Takahashi.

---

**ZUMBA GOLD:** with Dr. Susan Nishida. Tuesdays, 9:30 - 10:30 a.m., room 105. Class will meet when there is no seminar scheduled in room 105. When there is a seminar scheduled in room 105, class will meet in room 207-8. Please check monthly calendar.

---

**Zumba/PiYo,** Tuesdays, 11:30 a.m. - 1:00 p.m., Weinberg Studio. A great combination of fun and fitness as you dance your way to a healthier you. Instructor: Grace Hada. Accepting more students.

---

\***Adult Hula Auana** with Kumu Hula April Chock. New session began 6/29, 10 weeks, Saturdays, 9:30 a.m. - 11:00 a.m., room 105. Learn modern hula. Wear loose clothing. Suggested Donation: \$20 - MSC seniors; \$35 - MCC

\$35 - MCC members.

**\*Japanese/Okinawan Doll Making & Kimekomi with Masako Ogawa.** Class dates are yet to be determined. 6-week class meets Wednesdays, 10:00 a.m. - 12:30 p.m., room 207-8 or Saturday, 9:30 a.m. - noon. An impressive array of projects to choose from. Bring: pins & scissors. Supplies/kit payable to instructor the first day of class. Suggested Donation: \$35 - MSC seniors; \$40 - MCC member. Need to pre-register.

**\*Ribbon/Crochet Lei Making with Coryn Tanaka.** New session began 6/21, 10 weeks, Fridays, 9:30 a.m. - noon, room 102. Bring sharp pair of scissors, ruler, container, and ballpoint pen. Supplies payable to instructor. New students must register before the session starts. Suggested Donation: \$20 - MSC seniors; \$30 - MCC members. Sorry, class is FULL at this time.

**\*Specialized Aerobics with Faye Fukuhara.** Mondays, 5:45 p.m. - 6:45 p.m., room 305, 10-week session tentatively begins Monday, 7/22. Excellent class for all ages, focuses on cardio exercise, muscle tone, range of motion, warm-ups and floor exercise and cool downs. Bring towel & water. Class Suggested Donation: \$30 - MSC & MCC members.

---

**CLASS REMINDER:** Do not enter the classroom until the previous class has vacated. Those in class, gather your belongings & exit quickly to allow for the next class to set up. Visit with friends outside, not in the classroom.

---

---

### LUNCH PROGRAM AT MCC

Lanakila Meals on Wheels serves hot and nutritious meals at the Center Mondays through Fridays, at 11:00 a.m. There is no charge for meals. Participants are given an opportunity to make a donation to the program and all contributions are used to support Lanakila Meals on Wheels program. Participants must be registered and members of the Moiliili Community Center. To register for this program, see Gerath in room 105.

---

---

### MCC THRIFT STORE

**Thrift Store:** Open Tuesday - Saturday, 10:00 a.m. - 3:00 p.m. Drop off donations when store is open. \*Note: MCC members get 25% discount with purchase of \$10 or more.

---

---

### COMMUNITY ANNOUNCEMENTS:

**VOLUNTEER WANTED:** Looking for someone to sew a blanket. MCC staff member is looking for someone to sew a blanket made out of her recently deceased companion's T-shirts. If interested, please see senior program staff.

---

**FAYE'S GENKI TAISO.** MSC's own Faye Murata's Exercise Program is showing on OLELO, channel 54 every Thursday at 8:00 a.m. Her exercise program has been on the

air for the last 3 years. If you have a chance, watch it and enjoy the morning exercises. Call Faye Murata at 735-1323, if you have any questions.

---

**BASIC COMPUTER CLASSES FOR SENIOR CITIZENS, "Seniors Helping Seniors".** Senior Citizens are invited to sign up for a free 2-hour computer class to learn basic computer concepts that include: e-mail, use of internet, composing documents, just having fun being comfortable with computers and smart phones! Volunteer Instructors: Mr. Allen Liang, Mr. Shane Tajima, and Volunteer Coordinator: Rene Mansho. Classes run on July 1, 3, 5, 8, 9, 10, 15, 16, 17, 22, 23, 24, 29, 30, 31, August 5, 6, 7, 12, 13, 14, 15 - Aloha Luncheon. Time: 9:00 - 11:00 a.m., 12:00 - 2:00 p.m., and 2:30 - 4:30 p.m. Place: Great Aloha Run Carole Kai Charities, Inc, Office, 418 Kuwili Street, Suite 102. Reservations are required. You must call Rene @528-7388 or e-mail: [rene@greataloharun.com](mailto:rene@greataloharun.com). Classes are 2 hours for Beginners, and Intermediate classes will be offered after mastery of basic skills are demonstrated. Sponsored by: the HPH Great Aloha Run, Tsuha Foundation, and Harry & Jeanette Weinberg Foundation Computer Center.

---

**2019 SENIOR FARMERS' MARKET NUTRITION PROGRAM (SFMNP).** This program provides low-income seniors with eligible fresh produce with the goal of improving their health and nutritional status. Each participant will receive a book of coupons worth \$50 to exchange for fresh, nutritious, and unprocessed locally grown fruits, vegetables, herbs, and honey from an authorized farmer, farmers' market, or roadside stand (outlet). Applications must be certified each year. Forms must be received by September 20, 2019. Forms are available in the senior office. Eligibility requirements are but not limited to: 60 years and older; maximum household income \$26,603 One Person, \$36,001 Two Persons, \$9,398 per additional household member (including children); and must be a resident of the United States. A detailed requirement list is available in the senior office. For more information, call the State of Hawaii - Dept. of Labor and Industrial Relations, Office of Community Services at 586-8675 or the Hawaii Foodbank at 954-7889.

---

The Tuesday night Kapiolani Ballroom Dancers of Honolulu Lions Club six weeks class began on June 18, 2019, at 7:00 p.m., in room 105. Cha Cha came from the Cuban dances mambo and rumba with the added triple rhythm of one, two, three, cha cha cha. If you are not sure what cha cha rhythm sounds like, listen to "Love Potion #9". The instructor is Peggy Frey. The cost for the six-week session is \$24 per person and \$12 per person for Lions Club members. Please join this fun filled class, meet old friends, make new friends and get some exercise at the same time.

---

**Moliiili Senior Center  
Schedule of Special Events  
July 2019**

*Days to remember in July:  
4 - Independence Day - CENTER CLOSED.  
20 - Moon Day.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>HOLIDAY!</b> Independence Day Center Closed.	Moliiili Hongwanji Bon Dance 1100 University Ave. 5 - 10 pm	Moliiili Summer Fest & Bon Dance 1100 University Ave. 5 - 10 pm
	1	2	3	4	5	6
		Lei Ilima Club Craft Project: Quilled Flower Pot 9:30 am Rm 202		Craft: Kumihimo Beg & Adv 9 am Rm 209		
7	8	9	10	11	12	13
		Seminar: Congestive Heart Failure 9:00 am Rm 105	<b>NOON DEADLINE TO SIGN UP FOR AUGUST MOON FESTIVAL EXCURSION &amp; FESTIVAL FOOD ORDERS</b>	<i>Anything &amp; Everything Sale 9 am - Noon Rm 209</i>	Seminar: Emergency Preparedness 9:15 am Rm 105  Movie: "Dumbo" 12:15 pm Rm 202	
14	15	16	17	18	19	20
		Seminar: The Dramedy of Ears 9:30 am Rm 105		Excursion: Hokulani Imaginarium & Aerospace Exploration Lab 8:45 am - 12:45 pm		
21	22	23	24	25	26	27
28	29	30	31			

*\* Light the Night for Sight Month \* Hot Dog Month \*  
\* Anti Boredom Month \* National Ice Cream Month \**



# Moliiili Senior Center Class Schedule July 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7:30-1:00 Mah-Jongg (Room 207-8)	8:00 - 9:30 Beginner's Line Dancing I (Weinberg)	8:00-9:00 Fall Prevention (Room 105)	7:30-1:00 Mah-Jongg (Room 207-8)	8:30-9:30 Beg Line Dnc. for Health (Weinberg)
7:30-8:00 Tai Chi w/ Fan & Sword (Room 305)	FULL 8:30-10:30 Crochet/Knit (Room 209)	8:00-9:30 Minyo Singing (Room 207)	7:30-8:30 Yoga (Studio)	8:30-10:30 Hanafuda (Room 209)
8:00-9:00 Beg. Tai Chi (Room 305)	9:00-10:30 Rhythm & Life (Adv. II)	9:00-11:00 Shodo (Room 202)	8:00-9:00 Modified Games (Room 202)	9:00-12:00 Drawing&Painting (Room 207-8)
9:00-10:30 Card Games (Rm 202)	Closed.	9:00-10:00 Tai Chi(108) (Room 305)	8:00-9:00 Rhythm & Life (Beginner)	9:30-12:00 +Ribbon/Croch. (Room 207-8)
9:00-12:00 Haw'n Quilt Bee (Rm 209)	9:30-10:30 Zumba Gold (Room 105)	9:00-10:00 Group Singing (Weinberg)	Began 3/2018 (Room 305)	Began 6/21 Lei Making (Room 102)
9:00-10:00 Tai Chi (108) (Room 305)	7/16 & 7/23 (Room207-8)	9:30-10:30 Bon Odori (Room 105)	Began 2012 (Room 105)	FULL Solo Ukulele II
9:00-10:00 Tai Chi for Arthritis (Weinberg)	10:00-11:15 Okinawan Dnc. (Weinberg)	Began 4/3 (Room 105)	9:00-10:30 Rhythm & Life (Adv. IV)	Begins 7/5 (Room 202)
10:00-10:30 R&L Chair Exer. (Room 105)	10:30-12:00 Rhythm & Life (Beginner I)	9:30-11:30 *Sumie (Room 209)	Closed	10:00-10:30 R&L Chair Exer (Room 105)
10:15-12:00 Rhythm & Life (Adv. IV)	Closed.	10:15-11:45 Beginner's Line Dancing II (Weinberg)	9:00-10:30 Ukulele Prac. (Room 105)	10:00-11:00 Tai Chi for Arthritis (Weinberg)
Closed. (Room 305)	10:45-11:45 Soroban (Room 209)	10:00-12:30 +Jpns/Okw'n Doll Making & Kimekomi (Room 207-8)	9:30-11:00 Beg Line Dnc. (Room 105)	11:00-12:00 Solo Ukulele I (Room 202)
11:00 - 2:00 Karaoke with Katsutaro Japanese Songs (Rm 202)	11:30-1:00 Zumba/PIYo (Weinberg)	Date to be determined.	9:30-10:30 Brain Training (Room 202)	12:00-1:30 Rhythm & Life (Adv. III)
Began 1/7 Beginner's Buyo & Enka (Weinberg)	12:00 - 2:30 Citizenship (Room 202)	10:00 - 10:45 Rhythm & Life Niko Niko Genki Taisoo (Room 305)	10:30-12:00 Rhythm & Life (Adv. V)	Closed. (Room 305)
1:00-3:00 Buyo & Enka (Weinberg)	1:00-2:00 Kenbu Senbu Shigin (Room 207)	11:00-12:30 Rhythm & Life (Inter. I)	Closed. (Room 305)	12:00-2:30 Citizenship (Room 202)
5:45 - 6:45 +Spec.Aerobics Tentatively begins 7/22	2:00 - 3:30 Aerobic/Toning w/ Muriel (Room 305)	12:00 - 2:00 Ohana Karaoke (Room 209)	1:00-2:30 Line Dancing (Room 105)	9/2019
+Suggested donation classes. Walk-in requested donation \$5. *DOE class - Sumie is provided by Mckinley Community School for Adults - \$60	12:00 - 3:00 Kitsuke (Weinberg)	1:00 - 2:00 Zenidaiako (Weinberg)	Reminder: No class the last Thur. of the month.	1:00-2:30 Line Dancing (Room 105)
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>"Kaleidoscope" is published monthly, written/edited by the senior staff. Director, Rachel Yamashita; Program Staff - Paula Gerath Fukuya.</p> </div>				
<p style="text-align: center;">No class in June &amp; July.</p>				
<p style="text-align: center;">Saturday</p>				
<p style="text-align: center;">9:30 - 11:00 +Adult Hula Auana (Room 105)</p>				
<p style="text-align: center;">9:30 - 12:00 +Jpns/Okw'n Doll Making &amp; Kimekomi (Room 207-8)</p>				

**HARMONICA RECITAL & CONCERT, Saturday, July 13, 10:00 a.m. - 12:00 p.m.**, Mission Memorial Hall Auditorium, 550 South King Street. Featuring the Hawaii Reed 21 Harmonica Band & Small World Harmonic Band. No Admission Charge, public welcomed. Sponsored by the Hawaii Harmonica Society. Call Stanley Fujii (808)943-2011 for details.

**SPLENDORS OF IKEBANA SUMMER MATSURI, August 1-3 and August 8-10**, Exhibition open during library hours, Hawaii State Library, 478 S. King Street. Make and Take Ikebana on August 3 at 12:00 p.m. in the courtyard. Sponsored by Ikebana International Honolulu Chapter 56. For more information, call 586-3520.